"Keep your natural smile on because you are beautiful"

An interview with Dr. Rim Bogari owner of Dr. Rim Bogari Dental Center in Bahrain

By Dental Tribune MEA & CAPPmea

Dental Tribune MEA & CAPPmea spoke with Dr. Rim Bogari,

Dental Tribune MEA & CAPPmea: Dr. Rim can you tell us about yourself and your work experience in Bahrain and your Dr. Rim Bogari Dental Center?

Dr. Rim Bogari: My Name is Dr. Rim Bogari. I am from Saudi Arabia. I am an internationally well known dentist, learned the German language and concluded my dental degree from the prestigious university of Berlin in Germany. There has always been an artistic side of me including drawing and handicraft, my artistic side was a major factor in choosing Cosmetic Dentistry, the ability for me to realize the fusion between art and dentistry giving me the uniqueness to my career and future ambitions. Dr. Rim Bogari Dental Centre is just the start of my dreams, in exposing my passion and art fusion in Dentistry, I wanted to create a new level in dentistry, creating my own signature of outstanding quality & service.

What is the look and atmosphere of your clinic? A typical dental Clinic? Why do patients feel special with you?

Dr. Rim Bogari Center is a boutique style Dental Centre with a Parisian flare. It is a place that is so far from your usual dental atmosphere, starting from the entrance where the patient would be exclusively welcomed to a front desk and have their information filled in digitally. Our waiting area is a place where the patient can relax before going into the treatment room, while having a great view starting in the heart of the city centre with relaxing music playing in the background. Our patients will always be offered to drink refreshments before their treatment. Our treatment rooms have a panoramic view overlooking the main road in the heart of Bahrain. Our Dental Centre is happy to be the first to clinic to have the Porche Design Dental Chair exclusively in our region. Our patients feel different when treated at our Centre and we provide them with all the time needed to listen and understand their needs carefully before we try our best to reach what best suits consider as the best treatment plan. We have built extremely trustful relationships with our patients which are important to us not only during the treatment but also after. Our clients are our guests.

You are the Country Chairperson in the Gulf Region for the European Society of Cosmetic Dentistry, how have you taken on this responsibility and what does it involve?

Rim Bogari Dental Centre has developed a lot and we see it becoming as minimal invasive or non-invasive as possible, whereas in the past dentists used to practice cosmetic dentistry with a lot of damage to natural teeth. I really like the current and future direction of cosmetic dentistry as it is completely trying to stay as natural as possible and this in my opinion is the hardest part, where we try to keep the personal identity and the character of the patient whilst enhancing the appearance of the teeth in a very natural and much less invasive way. It is a challenge for us dentists and only a few can master this.

How do you see Cosmetic and Aesthetic Dentistry evolving into the future?

Cosmetic Dentistry is becoming the main concentration in Dentistry especially in the last few years through all dental fields with an aim to have a beautiful smile as a final stage in the treatment plan. Cosmetic Dentistry has developed a lot and we see this becoming as minimal invasive or non-invasive as possible, whereas in the past dentists used to practice cosmetic dentistry with a lot of damage to natural teeth. I really like the current and future direction of cosmetic dentistry as it is completely trying to stay as natural as possible and this in my opinion is the hardest part, where we try to keep the personal identity and the character of the patient whilst enhancing the appearance of the teeth in a very natural and much less invasive way. It is a challenge for us dentists and only a few can master this.

We know you are very active in updating your dental education continuously, what motivates you to constantly stay on the edge of updates, and how do you make time?

I always like to deliver to my patients the best and most advanced treatments available. As dentistry changes from year to year, if we weren’t up to date then I think we are disappointing our patients who have their trust and belief in us. Especially if we are talking about cosmetic or aesthetic dentistry, which is now the talk of the town and has changed a lot especially the last couple of years due to all the advancements in Digital Dentistry. I think we can easily describe it as the era of modern Dentistry. I am a mother with a kid and it is so hard to balance between my work and family life. I will deny that there are days where I cannot see my child especially when I am out of town visiting some courses or conferences, but we all know that building a career is not an easy path.

Will you be attending the upcoming 121st CADCAM & Digital Dentistry or 8th Dental Facial Cosmetic INT Conference by CAPPmea in Dubai this year?

Yes I will and I am waiting for that, especially the Dental Facial Cosmetic Conference which has amazing workshops and hands-on courses every year. I think it is one of the best conferences done in Dubai, if not the best.

With such a busy schedule, how do you combine personal life with your work?

It is very hard to balance between both especially for a person like me who just established a Dental Centre and is aiming for much more to grow in the Gulf Region. I could say I think less of myself and I am fully concentrating on my work and how to succeed. The most important thing to stay healthy and fit, sports and having my own time sometimes is a need. I could say that my family might miss me, but I know in the near future I will be available much more.

Do you read, follow Dental Tribune MEA in the Region?

Of course I do as it is the largest Dental Newspaper in the world containing the latest up to date information for us Dentists. Especially for dentists who are interested in further education and in being always on the edge of Dentistry. I enjoy reading the articles, I have personally added much value to my personal knowledge from the dental tribune, thank you for such a great newspaper.

Would you like to share anything else with the readers?

I would like to thank you so much for having me on board. I would like to mention one important note to our readers, nothing competes to the natural beauty of yourself. Even in Cosmetic Dentistry nothing would come close to the beauty of a natural tooth. Dentists should always concentrate on preserving the natural teeth, we have to try and spread this message out and change the concept of what real beauty is like. Being natural is being yourself, even if we are talking about having white teeth, this could also be done in a very natural way. Cosmetic Dentistry is a Dental Art Fusion between your natural teeth, our art and passion, latest technology and science. So keep your natural smile on because you are beautiful.